

SUMMARY

Surrey Sports Park is one of Europe's premier sites for elite sport. A Surrey University owned multi-million pound venue, Surrey Sports Park houses some of the best facilities in the country, attracting its own national and international sporting events bringing world class athletes to Surrey. For the 2018/19 academic year, Surrey Sports Park is looking to recruit a number of Strength & Conditioning Interns to support its delivery of S&C services. The internship serves as an ideal opportunity for those working towards their UKSCA accreditation.

The successful candidates will have the opportunity to work in a number of areas including, although not restricted to:

- University of Surrey Performance Sports
- Individual athletes including those on the University of Surrey's High Performance Athlete Support Scheme (HPASS) and/or TASS
- Superleague Netball - Surrey Storm
- British Basketball League (BBL) - Surrey Scorchers
- Youth S&C - a number of gifted and talented athletes

DESCRIPTION OF DUTIES

Job Title: Strength & Conditioning Coach Intern

Department: Sport

Salary: National Minimum Wage

Start date: August / September 2018

Duration: 10 months (approximately 40 weeks of the year)

Hours: Various dependent on projects assigned – anticipated to be between 10 and 20 hours a week during term time. This will be discussed upon interview but may include working some weekends, evenings and public holidays

Location: Surrey Sports Park (Guildford)

Reports to: Lead Strength & Conditioning Coach

Main Purpose of the role: To assist with the delivery of strength & conditioning services to athletes and teams at Surrey Sports Park

Principal Duties/Responsibilities:

- Deliver S&C services to a range of athletes, teams and coaches
- Assist with / deliver testing sessions for athletes and teams
- Assist with / deliver the set-up of training and testing equipment
- Data collection and management
- Attend weekly and monthly team meetings
- Maintain regular communication with coaches and support staff regarding athlete progress and performance

General:

- Within the rules of professional confidentiality liaise with athletes, parents, coaches and other support staff as appropriate.
- Be a proactive part of the multidisciplinary support team
- Work within the rules of the UK Professional Code of Conduct, standards and guidelines, and, where appropriate, Surrey Sports Park codes, standards and guidelines

Qualifications:

- Graduate or final year Master's degree in sports science / S&C, or related area;

Or

- Relevant certification and experience with evidence of CPD

Knowledge and Experience:

- Some experience of coaching delivery to athletes (level of athlete / team is not important)
- An understanding of sports science and sports medicine and their performance impact
- Up to date and relevant S&C knowledge
- Basic IT skills with good knowledge of Microsoft Word and Excel

Application and selection process:

Please send (email) a copy of your CV and a covering letter that describes yourself and the reasons why you would like the role to James Wild j.wild@surrey.ac.uk

Closing date for receipt of applications is Wednesday 13th June. Shortlisting will take place as soon as possible following the closing date. You should assume you have been unsuccessful if you have not heard from us within 4 weeks of the closing date.