



## Graduate Athletic Development Coach 2018/19

As one of the UK's leading schools for sports provision, Millfield aims to be at the forefront of athletic development in child and youth education.

### Position Description

The Graduate Athletic Development Coach will be responsible for supporting the athletic development of pupils aged 13 to 18. The Graduate Athletic Development Coach will deliver physical training aligned with the school's athletic development framework and philosophy to pupils participating in a wide range of sports.

**Responsible to:** Athletic Development Coach

**Responsible for:** No direct reports

**Standing:** Full time position (1 year contract, term time only to June 2019)

### Key Responsibilities:

1. Design and deliver athletic development training programmes that reflect the needs of the sport, the individual and that are in line with the pupil's sporting and educational programme.
2. Educate pupils in their understanding of athletic development principles whilst providing opportunities to develop a rounded athletic skillset and transition specific physical qualities.
3. Work with the Athletic Development Coach and Heads of Sport in building a strong culture of athletic development within Millfield Sport and develop upon the framework of best practice.
4. Assist in educating sports coaches and teaching staff in athletic development principles and practices.
5. Carry out appropriate monitoring and physical profiling of athletes to inform training prescription, goal setting and feedback to athletes and coaches.
6. Work collaboratively with fellow support staff and sports coaches, and communicate diligently with staff, parents and the school as required regarding pupils' training and development.
7. Contributing to and facilitating communication of relevant news and developments internally and externally, including within Millfield Sport, through the school's media department, with parents, and within the broader Millfield communities.
8. Engage actively in continuous personal development and the development of Millfield Sport and the Millfield Institute of Sport and Wellbeing.
9. Facilitating the health and wellbeing of boarding students via designated school duties and processes, as agreed with the Director of Sport.

**Person Specification:**

The Graduate Athletic Development Coach will have:

1. A degree in Sports Science or a related discipline or currently enrolled.
2. Experience within the discipline of strength and conditioning.
3. UKSCA accredited, or the ability to achieve within 6 months.
4. Coaching experience in athletic development and working with children.
5. Knowledge of long-term development practices for young male and female athletes.
6. As understanding of integrating successful talent development programmes into a school's educational environment.
7. Outstanding communication skills in a variety of environments and media.
8. Well-developed administrative and organisational skills.

The Graduate Athletic Development Coach will be:

1. Committed to developing and instilling excellence in young athletes.
2. Able to engage and motivate young people in athletic development practices and foster an enjoyment and understanding of athletic training.
3. Able to display and instil strong and inspiring leadership qualities.
4. Motivated and self-driven to develop themselves as an athletic development practitioner.
5. A strong team player, capable of integrating their own ideas with those in a broader organisational environment.
6. Capable of planning and delivering against identified goals.
7. A self-starter capable of creating new ideas and implementing them.
8. Embracing of Millfield's broad environment and approach to all-round education.
9. Committed to equality and diversity.

**I understand the duties listed above.**

**I require clarification of the duties listed above.**

**Signed:**.....

**Print Name:** .....

**Date:**.....

Millfield School is committed to safeguarding and promoting the welfare of children and young people and expects all staff to share this commitment. Offers of appointment are subject to satisfactory references and DBS clearance.