

# Aspire Zone Foundation (AZF)

## Job Description

<b>Job title</b>	Junior Strength and Conditioning Coach
<b>Job Grade</b>	7 (Core-Academy)
<b>Department</b>	Sports Science
<b>Job Role</b>	Deliver and supervise the delivery of quality strength and conditioning services for identified sports both at the Aspire facilities and off-site as deemed necessary. Collaborate with multi-disciplinary service teams to construct, supervise and evaluate strength and conditioning programs to optimize athletic development, injury reduction and rehabilitation.
<b>Necessary knowledge and Experience to be able to do the job</b>	<ul style="list-style-type: none"><li>• 3-5 years' experience in the field of Sports Science (Strength and Conditioning). 1 – 2 years should be in a similar position / responsibility, preferably in a similar Industry.</li><li>• Knowledge and experience in practically applying a wide range of services within strength and conditioning for developmental programs</li><li>• Demonstrated ability to critically analyses scientific research and anecdotal evidence to conceptualize, assist and guide innovative practical applications in S&amp;C.</li><li>• Experience working within a multi-disciplinary sports science team</li><li>• Proven personal and professional skills related to dealing with student-athletes and coaches.</li><li>• Demonstrated ability to work within a team as well as the ability to work independently and possess a high level of personal initiative and autonomy</li><li>• Understanding of the principles of coaching, sports science, sports medicine and sports nutrition.</li><li>• Fluent in English (Oral &amp; written).</li></ul>
<b>Education and Certification requirements</b>	Bachelor degree in exercise/sport science, human movement or equivalent is essential . Internationally recognized S&C accreditation (e.g. NSCA, ASCA, UKSCA).
<b>Interested?</b>	If you are interested in this job position and your profile meets the criteria; please use the Position title as an email subject and send your CV to our recruitment team email: <a href="mailto:recruitment@aspire.qa">recruitment@aspire.qa</a>