



# UK Strength and Conditioning Association

## Excellence in S&C Awards 2020

### Nomination Form

#### AWARD CATEGORIES

Tick one box only – use a separate form for each nomination. Members can be nominated in more than 1 category but a separate form should be used for each.

	<p><u>S&amp;C Coach of the Year – Elite Sport</u> Awarded to a UKSCA Accredited member whose work and contributions have significantly impacted elite sport and/or athletes.</p>
	<p><u>S&amp;C Coach of the Year – Development Sport</u> Awarded to a UKSCA Accredited member whose work and contributions have significantly impacted non-professional or non-elite sport and athletes.</p>
	<p><u>S&amp;C Coach of the Year – Education and Research</u> Awarded to a UKSCA Accredited member who has made significant contributions in the education of S&amp;C coaches, or who has progressed the profession through research.</p>
	<p><u>S&amp;C Coach of the Year – Youth Sport</u> Awarded to a UKSCA Accredited member who has made significant contributions to the development of young athletes.</p>
	<p><u>Richard Holmes Award for the Emerging S&amp;C Coach of the Year</u> Awarded to a UKSCA Accredited or Associate member who has shown outstanding promise, dedication and passion to their new career in S&amp;C.</p>
	<p><u>S&amp;C Employer of the Year – Early Career Coach Development</u> Awarded to a club or organisation who has shown commitment to developing coaches in the early stage of their careers.</p>
	<p><u>Honorary Fellowship to the UKSCA</u> An Honorary Fellowship can be granted to anyone who the Association feels has made a significant contribution to develop strength and conditioning in the UK. This award does not need to reflect work in the past year, but is in recognition of the recipient’s body of work and contributions over time.</p>

## THE NOMINATION PROCESS

### S&C Coach of the Year - Individual awards

1. Nominees are required to be UKSCA Accredited members on the date of the application.
2. Each application must be supported by 2 UKSCA Accredited members.
3. Self-nominations are accepted, but they must be supported by 1 other UKSCA Accredited member.

### S&C Coach of the Year - Employer award

1. Nominees are required to have a UKSCA Accredited member employed as part of the team.
2. The 1<sup>st</sup> nominee does not need to be a UKSCA Accredited member (for example, a current intern working towards their UKSCA accreditation).
3. Each application must be supported by 1 UKSCA Accredited member who may or may not be currently employed in the same organisation.

### Honorary Fellowships

1. According to the Articles of the Association, an Honorary Fellow can be, but does not need to be an Accredited member of the UKSCA.
2. Each application must be supported by 2 UKSCA Accredited members.
3. Self-nominations are not accepted.

### THE NOMINEE

Member name	
Employer name	
Email	
Telephone	

### NOMINATED BY:

1

Full Name	
Job title/employer	
Email	
Telephone	

Leave blank if you are nominating yourself

2

Full Name	
Job title/employer	
Email	
Telephone	

### RULES AND GUIDELINES

1. Please email completed nomination forms to [sarah@uksca.org.uk](mailto:sarah@uksca.org.uk) by 20 August 2020.
2. Entries from previous award winners are not eligible in the same category for a period of 3 years.
3. All nominations will be acknowledged on receipt and the award winners will be announced at the 2020 Annual General Meeting on 27 August 2020.
4. Members of the Awards Panel are not eligible for awards.
5. The Awards Panel and UKSCA Board of Directors' decision is final.

## EVALUATION CRITERIA

When making your nomination, you should consider each of the relevant criteria that the Award Panel will be using to assess each entry. Not all the criteria listed below will be relevant to every category. However, the panel reserve the right to evaluate a nomination against any or all of the listed criteria.

- Performance improvement of team or athlete
- Development of staff and/or students
- Progression of the professional field and/or supporting research
- Contribution to the UKSCA
- Innovative use or development of new technology
- Innovative use or development of new techniques and standards
- Promotion of strength and conditioning
- Commitment to personal development

## DESCRIBE THE ACHIEVEMENTS OF THE NOMINEE

Briefly describe the nominee's job role/responsibilities and in more detail outline their achievements and how they meet the above criteria. You may support your statements with evidence eg examples of work which exceeds normal workplace duties, quotes from athletes, other staff, publications, reports etc.