

UK STRENGTH AND CONDITIONING ASSOCIATION 6th ANNUAL CONFERENCE 2010

how to get there

By rail Kents Hill Park Training and Conference Centre is about four miles from Central Milton Keynes railway station. MK Central is an Inter City stop. Trains are frequent and journey times from London Euston station vary between 35 and 60 minutes. Taxis can always be found outside the MK Central Station. Kents Hill Park Training and Conference Centre is ten minutes from the station.

By road For details and directions, please see the following weblink:

<http://www.kentshillpark.com/content.aspx?PageId=1709>

By air Luton Airport is the nearest airport, situated approximately 18 miles away from Kents Hill in Milton Keynes. London Heathrow is the nearest major airport, approximately 50 miles from the conference venue.

accommodation

Accommodation is on site and all inclusive rates are shown below. Rooms are mostly doubles with single person occupancy and have en-suite facilities and televisions. There is also a gym and swimming pool on site.

where and when

4–6 June, 2010

at Kents Hill Park Training and
Conference Centre, Milton Keynes

booking form

registration details

(Please fill in one form per person wishing to attend. A photocopy of this form is acceptable for additional attendees)

Title (Prof/Dr/Mr/Mrs/Miss/Ms) _____

First Name _____ Surname _____

Job title _____

Organisation _____

Address _____

_____ Postcode _____

E-mail _____ Tel. No. _____

Mobile _____ UKSCA Membership no. _____

conference fees – 3 days

	Fee	Student
Full conference fee (non-member)	£375 <input type="checkbox"/>	£335 <input type="checkbox"/>
Full conference fee (UKSCA member)	£325 <input type="checkbox"/>	£295 <input type="checkbox"/>

(Full conference fee includes all meals and accommodation from Friday dinner to Sunday lunch inclusive)

conference only

	Fee	Student
Friday pass	£45 <input type="checkbox"/>	£40 <input type="checkbox"/>
Friday pass, plus evening meal, B&B	£130 <input type="checkbox"/>	£125 <input type="checkbox"/>
Saturday pass	£80 <input type="checkbox"/>	£70 <input type="checkbox"/>
Saturday pass, plus evening meal, B&B	£165 <input type="checkbox"/>	£155 <input type="checkbox"/>
Sunday pass	£50 <input type="checkbox"/>	£45 <input type="checkbox"/>
Sunday pass, plus evening meal, B&B	£135 <input type="checkbox"/>	£130 <input type="checkbox"/>
B&B and evening meal (per night)	£95 <input type="checkbox"/>	
Conference Dinner	£45 <input type="checkbox"/>	

The above rates are member rates. For non members, please add £50 (£40 for students), to cover 1 year's Associate membership to the UKSCA. Proof of student status is required.

breakout sessions

As with last year's programme, delegates will have the opportunity to indicate their preferred choice of breakout sessions.

These will be sent to you once the programme has been finalised. You will be notified of your sessions at conference registration.

cancellation clause

Cancellations must be made in writing and the following charges apply:

- more than 3 weeks prior to the event - 25% of fee
- less than 3 weeks prior to the event - 50% of fee
- 5 working days, or less prior to the event - 100% of fee.

UKSCA cannot be held responsible for any costs incurred by an individual because of a postponed or cancelled event.

UKSCA reserve the right to make programme changes. The up-to-date programme will always be available on our website and we will keep delegates informed of any changes that are made.

payment

- I enclose a sterling cheque made payable to UKSCA
- I enclose an official purchase order from which UKSCA will invoice.

TO BOOK

Fax: 0845 300 8079

**Post: UKSCA Conference Bookings,
1 Woodville Terrace, Lytham, Lancs,
FY8 5QB**