

The English Institute of Sport (EIS) is a dynamic, proactive organisation. Working with our partners in high performance sport we aim to achieve sustained international success for England and Great Britain in Sport through the delivery of world class, integrated and innovative services.

An exciting and rare opportunity has arisen within EIS Sheffield for a Strength and Conditioning Work Placement. The successful candidate will have the opportunity to work with both EIS Senior S&C coaches within the region and a range of Olympic and Paralympic sports.

Job Title: S&C Placement (1 Position available)

Duration of Placement: Circa. 6 months (finishing end of September 2012)

Salary: Nil

Hours of Work: Hours per week to be discussed. These may include working outside normal office hours, at evenings and weekends and on Public Holidays.

Region: Yorkshire Region

Responsible to: Senior S&C Coach – Sheffield, GB Boxing S&C Coach - Sheffield

ROLE SUMMARY:

The English Institute of Sport, is offering one S&C placement opportunity based in the Yorkshire region, Sheffield. The successful candidate will have the opportunity to work with Senior S&C coaches within the region with a range of sports, this work will predominantly be with GB Boxing and GB Triathlon but will also include exposure to athletes from sports such as Bobsleigh, Bobskeleton, Diving, Disability Equestrian, Trampolining, Wheelchair Basketball, Wheelchair Tennis, Squash, Womens Rugby Union, Womens Football, Rugby League, Table Tennis and Disability Table Tennis.

The placement will offer an opportunity for candidates to observe and be part of World Class S&C services thereby gaining knowledge, skills and techniques needed to work with high level performance athletes. Successful candidates will 1. develop their ability to analyse a range of sports in relation to their strength and conditioning needs, and 2. develop their knowledge of development, implementation and evaluation of programmes for individual athletes.

Main Tasks and Activities:

- Primary role will be to support the lead S and C coach for GB Boxing in their preparation for 2012 Olympic qualification and London 2012 Olympic games
- Observe and support S&C coaches as part of a structured work development programme
- Set up training and testing equipment as required
- Contribute to data collection and data management activities
- Undertake an agreed programme of mentoring and complete a project to be presented to the S&C team at the end of the placement
- Attend regional and S&C team meetings and participate in CPD activities as required

PERSON SPECIFICATION:

The person specification describes the knowledge, skills, aptitudes, experience and qualifications that the English Institute of Sport deems as desirable for prospective placement candidates.

Qualifications:

- Final year degree or Masters student/graduate in Sport Science / S&C or
- Relevant S&C certificate with evidence of continuing professional development
- UK Strength and Conditioning Association Accreditation, or ability to obtain it within 6 months

Knowledge and Experience:

- Some experience in the provision of S&C services to athletes
- An ability to demonstrate up to date knowledge of S&C techniques
- An understanding of various sports science and medicine disciplines
- Some anatomical knowledge
- Some knowledge of Olympic lifting techniques would be desirable

Additional Abilities:

- Ability to prioritise tasks, and manage time effectively
- Excellent problem solving and decision making skills
- Ability to communicate fluently in English
- Basic IT skills with good knowledge of Microsoft Word and Excel

Personal Disposition:

- A positive attitude, with the commitment and enthusiasm to learn and develop skills/ experience necessary to work as a S&C coach
- A team player who is open minded with a view to adopting new practices
- Highly motivated with a passion for high performance sport
- Personal integrity and the ability to invoke trust and respect from others

APPLICATION AND SELECTION PROCESS:

Application: Please apply by sending a copy of your CV and a short synopsis/summary (max 500 words) detailing your desire/reason for pursuing a career as an S&C coach to:

Mark Campbell – Senior S&C Coach (Yorkshire Region)
English Institute of Sport
Coleridge Rd
Sheffield
Yorkshire
S9 5DA

mark.campbell@eis2win.co.uk

Closing date for receipt of applications is Wednesday 15th of February 2012

As an equal opportunity employer, EIS welcomes applications from all sections of the community.

Applicants must have the right to live and work in the UK.

Selection: Short listing will take place as soon as possible following the closing date. Please indicate clearly on your application a telephone number where you can be contacted during normal office hours (ie. 9am – 5pm Monday-Friday). You should assume you have been unsuccessful if you have not heard from us within 4 weeks of the closing date.

Selection arrangements will only be confirmed following shortlisting – **however it is intended to hold interviews for this placement opportunities.**