



## GET WELL, *BE* BETTER.

JOB TITLE	Strength & Conditioning Coach
LOCATION	Cambridge
CONTRACT	Full Time, Permanent
SALARY	Negotiable commensurate with your experience.
CLOSING DATE	8th July 2009 at 6pm GMT. Interview in week of 13th July.

### ROLE SUMMARY

Assisting the Director of Performance, the successful candidate will help to develop Core Cambridge's Strength & Conditioning capabilities and its position within the commercial sports performance market in the UK.

### ABOUT CORE CAMBRIDGE

Core Cambridge deliver strength & conditioning and injury rehabilitation to a diverse client base including the public, sports teams, athletes, companies, councils and organisations. Our north-Cambridge facility includes a 5,000 sq ft strength & conditioning space (including a sprint track area) plus treatment rooms. We aim to provide the facilities, expertise and methodology required to assist any client from long-term injured to international athlete. (Further information and photos available at <http://www.core-cambridge.com>).

### ROLE RESPONSIBILITIES

- Taking a leading role in both the design & practical delivery of strength & conditioning for sports performance to core cambridge's diverse client base.
- Suitably representing core cambridge's sports performance capability to external bodies.
- Taking a project-leading role in the development of new sports performance business by co-ordinating our available resources in order to research, prepare and then deliver practical sports science techniques on time and on budget.
- Assisting with the technical development of core cambridge staff.
- Research and writing of documentation for the development of testing methodology, athlete/client monitoring, validation and methodological coaching development as well as products and articles.

### REQUIREMENTS

- A qualification at degree level (or equivalent) in sports science or related area specialising in the area of physical preparation of elite athletes.
- UKSCA Accreditation, or ability to obtain it within 6 months
- Substantial experience in the provision of strength and conditioning services to athletes and coaches in order to improve performance.

### DESIRABLE

- Graduate qualification(s) in sports science or a related area.
- Demonstrable experience in leading a team to deliver timely results.

### HOW TO APPLY

Send us an email describing why you should be chosen for the position to [jobs@core-cambridge.com](mailto:jobs@core-cambridge.com) by the closing date. Include your CV, current remuneration and relevant contact details. If e-mail is unavailable, send hardcopy by post to: Dan Coley, Core Cambridge, Trinity Hall Farm Ind Est, Nuffield Rd, Cambridge, CB4 1TG

INJURY REHABILITATION  
ATHLETIC PERFORMANCE  
PERSONAL TRAINING  
SPORTS MASSAGE